



## H.I.S. Cornerstone Live CEUs

1.0 Contact Hour for RNs, SWs, CCMs, and ACMs

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[www.hiscornerstone.com](http://www.hiscornerstone.com)

*H.I.S. Cornerstone is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. All activities meet the Texas State Board of Social Worker Examiners, Commission for Case Manager Certification, and American Case Manager Association CE criteria.*

### Alzheimer's Disease

- **Alzheimer's Disease Present and Future: Ethical Strategies for Prevention, Detection, and Treatment**

*An estimated 5.2 million Americans of all ages have Alzheimer's Disease, and by 2050 this disease is expected to cost the nation \$1.3 trillion a year. Explores the latest research on how to prevent Alzheimer's Disease, how to detect warning signs and symptoms, and how to assess the appropriate treatment and care for the Alzheimer's patient.*

- **A Day in the Life of an Alzheimer's Patient: Enhancing Care Through Communication and Activity Modification**

*Demonstrates effective communication strategies with Alzheimer's patients when providing care in both hospital and community settings and shows how creative activity modification can enhance their daily experiences.*

- **Ethical Issues with Alzheimer's Disease: Exploring End of Life Considerations for Patients and Families**

*Explores the ethical decisions that must be made as the Alzheimer's patient approaches the end stages of the disease and encourages healthcare professionals to take a more active role in helping families make emotional care choices.*



### Discharge Planning/Rehospitalizations

- **Chronic Disease Management: The Case Manager's Role in Preventing Rehospitalizations**

*Explores the latest research, Medicare pilot projects, and care strategies regarding chronic diseases such as stroke, COPD, diabetes, CHF, etc. and provide tools to assist patients in managing their diseases at home.*

- **Health Literacy: Do Your Patients Really Understand Their Medical Treatment Plan?**

*Addresses one of the most pervasive and under-recognized problem in medicine: Low levels of health literacy (the ability to obtain, understand, and use health information). Changes in the Joint Commission regulations, the Plain Writing Act, and the National Action Plan to Improve Health Literacy will be discussed along with success stories regarding reduced rehospitalizations and patient compliance.*

- **Palliative and Hospice Care: Helping Patients Navigate End-of-Life Treatment Decisions**

*Provides information and resources regarding palliative and hospice care so that healthcare professionals can assist their elderly patients in evaluating care options.*

- **Transitions of Care for the Elderly: Providing Quality Services in the Appropriate Setting**

*Describes the various healthcare delivery options for the elderly as they move from one level of care to the next and introduces various transitions of care programs whose goal is to decrease unnecessary hospitalizations.*





## Family Caregivers

- **The Impact of Caregiver Stress on Hospital Readmissions: An Essential Factor in Positive Outcomes for the Elderly**

*Discusses how to effectively assess the detrimental signs of stress among patients' family caregivers and ultimately enhance patient care by assisting those families in developing coping strategies that will help them manage that stress. The latest research regarding preventable hospital readmissions from home will be explored.*

- **Identity Crisis: From Family Member to Geriatric Caregiver**

*Explores a theoretical framework in which to view the role of the family caregiver and identifies viable strategies to support the growing number of caregivers who are responsible for their aging relatives.*

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## Organizational Training

- **Catch the Wave: Delivering Exceptional Customer Experiences to Improve Patient Care**

*Describes how providing positive customer experiences can enhance patient satisfaction and improve care outcomes.*

- **Compassion Fatigue and Professional Caregiver Burnout: The Detrimental Effect on Patient Care**

*Healthcare professionals will learn how to recognize signs and symptoms of compassion fatigue and develop strategies to overcome burnout so that they can provide better care for their patients.*

- **Ethical Leadership: The Healthcare Professional's Duty in an Ever-Changing World**

*Review ethical principles, values, and standards while discussing ethical dilemmas facing the elderly population today (i.e. end of life issues, sexuality, substance abuse, confidentiality).*

- **Time Management for Case Management: Innovative Strategies to Improve Productivity and Patient Care**

*By effectively managing time, case managers and other healthcare professionals can learn to become more efficient at work. Explore the latest research on time management as it directly correlates to improving patient outcomes and care.*

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## Patient Care

- **Advance Care Planning for the Elderly: Going Beyond Advance Directives to Honor Wishes**

*Includes thought-provoking assessments and tools designed to guide the elderly, family caregivers, and healthcare professionals as they all contemplate their future physical, psychosocial, and spiritual wishes at the end of life.*

- **The Art of Active Listening: Are You Listening to Your Patients and Are They Listening to You?**

*Explores active listening as an art form in the delivery of healthcare by practicing evidence-based communication techniques that build rapport, enrich observation skills, and enhance patient care.*

- **Baby Boomers on Medicare: Care Strategies for this Unique Population as They Age**

*Discusses different care models that will meet the needs and expectations of this population which is 77 million strong. Topics include social, economical, environmental and technological factors that define the baby boom generation.*



- **The Generation Gap in Healthcare: Implications for Both Patient Care and the Workforce**  
*Navigate the generational gap that exists among patients and healthcare professionals with the overall goal of improving patient care and exceeding expectations.*
- **How Patients Define Quality of Life: Little Things Make a Difference**  
*Focuses on quality of life issues for healthcare professionals and how that translates into providing more personalized care for their patients.*
- **Patient-Centered Care: Implications for the Elderly Population**  
*Analyzes what patient centered care means for patients, their families, medical professionals and medical settings. Both the benefits of patient-centered care and potential costs will be acknowledged and debated as it relates to the elderly patient population.*
- **Recognizing Cultural Diversity: Ethical Issues in Caring for the Elderly**  
*Discusses how healthcare professionals should adapt interventions to meet the cultural needs and preferences (ethnic and religious belief, values, and practices) of a diverse elderly population.*



## Psychosocial Issues

- **Discovering Your Patient's Love Language: Ethical Considerations in Providing Care to the Elderly**  
*Encourages healthcare professionals to provide patient-centered care and to educate family caregivers to do the same using the concept of Love Languages.*
- **Emotional Competence: Treating the Patient's Emotions in Healthcare**  
*Discusses the importance of patient emotions as it relates to healthcare and describes best practices and skill sets to provide emotionally-competent patient care.*
- **Mental Health and the Aging Population: A Structured Healthcare Team Approach**  
*According to the Center for Disease Control, older adults are less likely than younger persons to both report having mental health problems and seek specialty mental health services. Recognizes the importance of mental healthcare (i.e. depression, delirium) and its effect on the elderly patient's well-being. Care options and ethical considerations will be explored.*
- **How Healthcare Professionals Lead During a Pandemic: The Power of Positivity**  
*Illustrates the powerful effect that the healthcare professionals' positive outlook can have on patient, caregivers, co-workers, and themselves.*
- **Senior Suicidal Risk: Assessment, Warning Signs, and Prevention**  
*Presents the typical warning signs of an elderly patient in the suicidal danger zone and explores strategies to appropriately respond as a healthcare provider.*
- **Spirituality in Healthcare: An Ethical Approach to Caring for Patients**  
*Explores the latest research connecting spirituality and patient care outcomes. Professional and ethical issues will be addressed.*





## Regulatory

- **Confronting the Growing Problem of Elder Abuse: The Healthcare Professional's Role**

*According to the World Health Organization, "Elder abuse is a violation of human rights, and a significant cause of illness, injury, loss of productivity, isolation and despair," yet approximately six million elders were abused last year (9.5% of the population). Defines elder abuse and neglect and outlines the professional's responsibility in preventing, detecting, and reporting.*

- **Ethical Considerations in Healthcare Provision: Patient Referrals, Medicare Fraud, and Excessive Spending**

*Addresses the growing concern regarding unethical patient referrals, "kickback" activities, fraudulent billing practices, and waste of healthcare dollars on unnecessary and/or duplicate diagnostic procedures.*

- **Scams and Shams: The Top 10 Financial Fraud Schemes Targeting Seniors**

*Reviews the epidemic in society today - taking advantage of vulnerable seniors. Prevention programs designed by AARP, the FBI, and the National Council on Aging will be discussed.*

- **Staying on Track: Protecting the Rights of Elderly Patients from an Ethical Perspective**

*Assists the healthcare professional in the decision-making process when ethical issues related to the rights of elderly patients arise.*

- **Superheroes in Healthcare: Fighting for Justice with Jurisprudence and Medical Ethics**

*Discusses principles of professional ethics and boundaries with the use of case studies and group participation. Meets the Texas Board of Nursing requirement for 1.0 contact hour in ethics and includes information on the Nursing Practice Act and Texas BON Position statements. Can be presented as a 2.0 hour CEU as well.*

- **Updated HIPAA Regulations 2020: Protecting the Privacy and Security Rights of Seniors**

*Presents a detailed look at the "sweeping changes" in the rules regarding the protection of identifiable health information, electronic health records, the rights granted to the elderly patient including federal enforcement of those rights, and the ethical impact the law has on healthcare delivery.*

*"Quality Education is the Cornerstone for Quality Care"*