

# CE TOPICS

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## ALL STATES:

**ACCREDITED FOR RNS, LVNS, SWS\*, LPCS, CCMS, AND ACMS**

\*NOT ACCREDITED FOR SWS IN NEW YORK

SPECIFIED COURSES FOR PT/PTA/OT/OTA/SLP/AUD IN TX  
(CONTACT US FOR INDIVIDUAL STATE APPROVALS)

1.0 CE CREDIT EACH

\*\* = ETHICS FOR SW

(Live) for Live CE Option



**Nurses** – HIS Cornerstone is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.



**Social Workers/LPCs** – HIS Cornerstone, provider #2082, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 03/25/2025–03/25/2026.

**ACMA and CCMC Case Managers** – HIS Cornerstone CE courses fit the description of ACMA approved CEs, because HIS Cornerstone is a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. As of July 1, 2020 CCMC recognizes ACMA's continuing education offerings to meet the requirements of the Certified Case Manager (CCM) credential.

## CE Categories

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### ALZHEIMER'S DISEASE

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- **A Day in the Life of an Alzheimer's Patient: Enhancing Care Through Communication and Activity Modification (Live)**

(Certified in TX and most states for PT/PTA/OT/OTA/SLP/AUD)

*Demonstrates effective communication strategies with Alzheimer's patients when providing care in both hospital and community settings and shows how creative activity modification can enhance their daily experiences.*

- **Alzheimer's Disease: The Latest Research on Prevention, Detection and Treatment**

(Certified in TX and most states for PT/PTA/OT/OTA/SLP/AUD)

*Explores the latest findings on how to prevent Alzheimer's Disease, how to detect warning signs and symptoms, and how to assess the appropriate treatment and care for the Alzheimer's patient.*

- **Dementia and Behaviors: Let's Go Back to the LAB! (Live)**

(Certified in TX and most states for PT/PTA/OT/OTA/SLP/AUD)

*The care professional will understand how to utilize the Learn, Apply and Be Ready technique when helping a person living with dementia overcome behavioral challenges.*

- **Everything I Wish I'd Known: Caring for a Loved One with Dementia (2 hours)**

*The healthcare professional and care partner will learn how to guide patients' caregivers in legal, financial, medical, and safety decisions, as well as help with strategies to improve family communication and prevent caregiver burnout.*

- **Keep the Ball Going: Ensuring Effective Communication Along the Journey of Dementia**

(Certified in TX and most states for PT/PTA/OT/OTA/SLP/AUD)

*Explore tips and strategies for how to effectively communicate with a dementia patient while using all five senses through each stage of the patient's disease.*

- **Music, Memory, and Dementia: The Beat Goes On**

*Emphasizes the healing benefits of music therapy with the elderly population, particularly with the dementia patient. The use of “personalized music” will be discussed in terms of tapping into long-term memory and altering negative behaviors.*

- **Take One Bite at a Time: A Multifaceted Approach to Enhance Dining with Dementia**

(Certified in TX and most states for PT/PTA/OT/OTA/SLP/AUD)

*Learners will gain an understanding of how dementia affects intake and discover ways to help patients increase hydration and nutrition who are suffering with dementia.*

## CARE TRANSITIONS/DISCHARGE PLANNING

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- **Aging in Place: “There’s No Place Like Home”**

*Recognizes the desire of many seniors to remain at home as they age and discover resources and strategies to assist in honoring their wishes when feasible.*

- **Hospital to Home: Effective Strategies for a Successful Transition**

*Discusses discharge planning tools and strategies designed to assist the elderly when returning home after hospitalization. Topics include medication management, monitoring of chronic conditions, and home safety.*

- **Long-Term Care Insurance: To Have or Have Not**

*Explains the pros and cons of long-term care insurance, what it typically covers, and what to look out for when helping patients make care decisions based on their long-term care coverage (or lack thereof).*

- **Palliative and Hospice Care: Helping Patients Navigate End-of-Life Decisions (Live)**

(Certified in TX and most states for PT/PTA/OT/OTA/SLP/AUD)

*This course will equip healthcare professionals to serve as a navigator to patients when exploring end-of-life decisions regarding palliative and hospice care.*

- **Transitions of Care for the Elderly: Providing Quality Services in the Appropriate Setting (Live)**

(Certified in TX and most states for PT/PTA/OT/OTA/SLP/AUD)

*Participants will be able to apply essential intervention categories aimed at improving care transitions and ensuring patient safety across the continuum of care.*

## ETHICAL ISSUES

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- **Care Transitions: Advance Care Planning and Ethical End-of-Life Issues\*\***

*Explores the findings resulting from research funded by the Agency for Healthcare Research and Quality (AHRQ) and includes assessments and tools designed to guide the elderly as they contemplate their future physical, psychosocial, and spiritual wishes at the end of life.*

- **Developing Dignified Care for Older Adults: The Ethical Aspects of Abuse and Neglect\*\* (Live)**

*Understand the ethical considerations surrounding the prevention, identification and intervention of elder abuse and self-neglect in a facility or home setting. The different types of abuse will be discussed, along with the forms that may not be immediately visible.*

- **Ethics in Caring for the Elderly: Do You Know Their Love Language?\*\* (Live)**

*(Certified in TX and most states for PT/PTA/OT/OTA/SLP/AUD)*

*Reiterates the ethical duty that healthcare professionals have to provide person-centered care and introduces the love language concept as a way of delivering that care to elderly patients.*

- **Good Grief: Helping Families Cope After the Loss of an Elderly Loved One\*\***

*Reviews key components of healthy grieving in order to assist families after a patient's death. Ethical issues related to dying, death, and grief will be discussed.*

- **Mental Health and the Elderly: An Ethical Team Approach\*\***

*According to a recent CDC report, over 20% of adults ages 65 or older have a mental health concern, but only about two-thirds receive treatment. Emphasizes the need to address the mental health of our elderly population by reviewing assessment strategies and specific treatment options.*

- **Pediatric Palliative Care: Interdisciplinary Team Roles and Collaboration**

*Participants will be able to identify how to collaborate within the interdisciplinary team to reach effective outcomes in pediatric palliative care.*

- **No News Isn't Always Good News: The Ethics of Communicating Bad News Through Crucial Conversations\*\***

*Explores communication techniques that are proven to be effective when delivering negative news to patients, families, and others. Ethical issues of withholding crucial information will be discussed.*

- **Staying on Track: Protecting Elderly Patient Rights from an Ethical Perspective\*\* (Live)**  
(Certified in TX and most states for PT/PTA/OT/OTA/SLP/AUD)

*This course will identify the rights of elderly hospital and long-term care patients while assessing these rights in an ethical context through the use of various case studies.*

- **Substance Abuse in the Elderly Population: An Ethical Approach to This Hidden Epidemic\*\* (Live)**  
(Certified in TX for PT/PTA/OT/OTA/SLP/AUD)

*Delivers understanding into the assessment and treatment options for older adults who are struggling with substance abuse and explore ethical situations that may arise when approaching this delicate subject.*

- **The Art of Active Listening: Are You Listening to Your Patients, and Are They Listening to You?\*\* (Live)**  
(Certified in TX and most states for PT/PTA/OT/OTA/SLP/AUD)

*Recognizes active listening as an art form in the delivery of healthcare, practice evidence-based communication techniques that build rapport, enrich observation skills, and enhance patient care.*

## FAMILY CAREGIVERS

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- **Caregiver Guilt: Resisting This Destructive Emotion**

*Assists healthcare professionals as they guide and help caregivers combat feelings of guilt associated with caring for their elderly loved ones.*

- **Caregiver Personality Types: Strategies to Enhance Patient Care**

*Discusses various personality traits of caregivers for the elderly and shows how the healthcare professional can utilize the family member's strengths in providing care for the patient.*

- **Caregiver Stress on Hospital Readmissions: An Essential Factor for Positive Outcomes (Live)**  
(Certified in TX and most states for PT/PTA/OT/OTA/SLP/AUD)

*Assesses a caregiver's stress level to determine appropriate stress management strategies and resources that will ultimately help improve patient outcomes.*

- **Caregiving for Seniors During the Holidays: From Stress to Success**

*Analyzes the prevalent difficulties of caregiving during the holidays and helps the professional and family caregivers develop coping strategies to manage holiday stress.*

- **Spousal Caregiving: Does Love Outweigh the Risks?**

*Discusses special considerations regarding spousal caregivers, including physical and emotional health risks, and provides coping strategies for this unique group of caregivers.*

## ORGANIZATIONAL TRAINING

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- **Finding Common Ground: Conflict Management in Healthcare (Live)**

(Certified in TX and most states for PT/PTA/SLP/AUD)

*Explores communication strategies and techniques designed to find common ground and work through conflicts in healthcare settings with elder patients and their families.*

- **Generational Differences in Healthcare: Bridging the Gap**

*Reviews generational values and belief systems to help the learner understand techniques for effectively communicating with each of the four generations represented within the patient population today.*

- **Holiday Time Management: Strategies to Improve Productivity and Patient Care**

*Participants will learn strategies on how to effectively manage their time in the healthcare setting, especially during the holiday season.*

- **Motivational Interviewing: Empowering Patients and Clients to Positive Transformation**

(Certified in TX and most states for PT/PTA/OT/OTA/SLP/AUD)

*Learn to apply motivational interviewing techniques to foster positive behavior change in patients across various healthcare settings, enhancing engagement and self-efficacy.*

## PATIENT SAFETY

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- **Behind the Wheel with the Elderly: To Drive or Not to Drive? (Live)**

(Certified in TX and most states for PT/PTA/OT/OTA/SLP/AUD)

*Understand how to assist elderly patients and their families when assessing driving capabilities and provide tangible solutions when driving is no longer safe.*

- **Health Literacy: Do Your Patients REALLY Understand Their Medical Treatment Plan? (Live)**

(Certified in TX and most states for PT/PTA/OT/OTA/SLP/AUD)

*This course will identify ways in which healthcare professionals and care team members can promote health literacy for all patients through various methods while also pursuing the goal of health equity. Cultural values, socioeconomic factors, age, religious beliefs and gender will be discussed in relation to a patient's level of health literacy.*

- **Mindfulness in Medicine: How Intentional Awareness Helps Your Patients**

*Recognizes the value of utilizing mindfulness in medicine to not only help healthcare professionals combat stress but to enhance their elderly patients' physical and emotional well-being.*

- **Promoting Senior Independence: Let Freedom Ring!**

*Outlines various ways in which the senior population can remain independent for as long as possible. Topics such as home safety evaluation, fall prevention, telemonitoring, federal "Independence at Home" pilot project, and wellness will be discussed.*

- **Senior Falls: More Than a Rising Financial Cost (Live)**

(Certified in TX and most states for PT/PTA/OT/OTA/SLP/AUD)

*Explores the latest research, program-development, and strategies on fall prevention with the elderly population.*

## PSYCHO-SOCIAL CARE

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- **Achieving Optimal Health: Reducing Illness by Improving the Patient's Stress Response**

(Certified in TX and most states for PT/PTA/OT/OTA/SLP/AUD)

*Explore the scientific reasoning for how the stress response can directly influence health outcomes, while learning lifestyle adjustments to help your patients or clients attain optimal well-being.*

- **Positivity in Healthcare: Improving Quality of Care**

*Illustrates the powerful effect that the healthcare professionals' positive outlook can have on patient, caregivers, co-workers, and themselves.*

## WELLNESS

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- **Chronic Disease Management: The Case Manager’s Role in Preventing Rehospitalizations (Live)**  
(Certified in TX and most states for PT/PTA/OT/OTA/SLP/AUD)

*This course will help healthcare professionals become familiar with various forms of Chronic Disease and provide tools to assist patients in managing their diseases at home.*

- **Healing from the Inside Out: The Science and Power of Nutrition for Rehabilitation**  
(Certified in TX and most states for PT/PTA/OT/OTA/SLP/AUD)

*Understand the key nutrients, foods, and implementation strategies that can help patients recover faster through healthy eating. This course will cover everything from gut health and supplements to anti-inflammatory and mood-boosting foods, along with busting common nutrition myths.*

- **Hydration and the Elderly: “Let’s Drink to That!”**

*Recognizes the signs, symptoms, risk factors, and complications of dehydration with the elderly population and provides the latest intervention and health-promotion strategies.*

- **Post-Traumatic Stress Disorder (PTSD) Across The Lifespan: Therapeutic Approaches and Meaningful Intervention**

*Participants will be able to assess risk factors and functional deficits of Post-Traumatic Stress Disorder amongst children and adults while discovering ways to collaborate with the multidisciplinary team toward intervention.*

- **Sleeping Well as We Age: Putting to Bed the Myth of Insomnia**

*Discusses the risk factors/causes for insomnia and other sleep disorders late in life, the detrimental effect sleep deprivation can have on an elderly person, and the research-supported strategies for getting a good night's sleep.*

- **Stroke to Strength: Unlocking Recovery Potential (Live)**  
(Certified in TX and most states for PT/PTA/OT/OTA/SLP/AUD)

*Understand how to design a person-centered, interdisciplinary plan of care for a stroke survivor, integrating evidence-based PT, OT, and SLP interventions to address functional deficits*

- **Taking Care of the Elderly: The Benefits of Pet Therapy Across All Settings**

*Describes various types of pet therapy programs and provides the research that supports emotional, social, and physical benefits to the elderly when provided in hospitals, rehab facilities, adult day care, assisted living, SNFs, and at home.*

- **When a Wound is Not Just a Wound: Signs and Symptoms of Common Chronic Wounds**

(Certified in TX and most states for PT/PTA/OT/OTA/SLP/AUD \*NOT Certified for SWs)

*Healthcare professionals will receive a fundamental understanding of the common types of chronic wounds and become equipped to discern when a wound requires more than routine care.*

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